

Swim Team of Placentia

March 2010

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	<i>Sun</i>
1 Practice	2 Practice	3 Practice	4 Friday Practice Schedule MVN Entries Due	5 Friday Practice Schedule	6	7 Weekend Practice for JR, PS, SR
8 Practice	9 Practice	10 Practice	11 Practice ORCA Entries Due	12 Friday Practice Schedule Early Practice For JR, PS, SR	13	14
15 Practice	16 Practice	17 Practice	18 Practice	19 Friday Practice Schedule	20	21 Weekend Practice for JR, PS, SR
				MVN 'BLUE LC Meet'		
22 Practice	23 Late Practice Schedule	24 Practice	25 Practice FAST Entries Due	26 NO PRACTICE	27	28 Weekend Practice for JR, PS, SR
				ORCA 'RED / WHITE' SC Meet		

Senior Group	SR	Normal Practice	4:10—6:40
		Friday Practice	4:30—6:30
		Early Practice	3:30—6:00
		Late Practice	4:30—6:20
		Weekend Practice	6:30—9:00
Pre-Senior	PS	Normal Practice	4:30—6:40
		Friday Practice	4:30—6:30
		Early Practice	3:30—5:30
		Late Practice	4:30—6:20
		Weekend Practice	6:30—9:00
Junior	JR	Normal Practice	4:30—6:20
		Friday Practice	4:30—6:30
		Early Practice	3:30—5:30
		Late Practice	4:30—6:20
		Weekend Practice	7:00—9:00
Age Group 4	A4	Normal Practice	6:10—7:50
		Friday Practice	5:10—6:30
		Late Practice	6:10—7:50
		Weekend Practice	7:00—9:00
Age Group 3	A3	Normal Practice	6:20—7:50
		Friday Practice	5:10—6:30
		Late Practice	6:30—7:50
		Weekend Practice	9:00—10:30
Age Group 2	A2	Normal Practice	6:20—7:40
		Friday Practice	5:10—6:30
		Late Practice	6:30—7:50
		Weekend Practice	9:30—10:30
Age Group 1	A1	Normal Practice	5:20—6:20
		Friday Practice	4:40—5:40
		Late Practice	5:40—6:40
		Weekend Practice	8:30—9:30
Nancy Group 4	N4	Normal Practice	6:10—7:50
		Friday Practice	5:10—6:30
		Late Practice	6:10—7:50
		Weekend Practice	8:20—10:00
Nancy Group 3	N3	Normal Practice	6:10—7:30
		Friday Practice	5:10—6:30
		Late Practice	6:10—7:30
		Weekend Practice	8:20—9:40
Nancy Group 2	N2	Normal Practice	5:20—6:20
		Friday Practice	4:40—5:20
		Late Practice	5:40—6:20
		Weekend Practice	9:30—10:30
Nancy Group 1	N1	Normal Practice	4:40—5:20
		Friday Practice	4:40—5:20
		Late Practice	5:40—6:20
		Weekend Practice	9:50—10:30